

Disability Action Plan

2023 to 2026



Easy Read



About this booklet



This booklet is from the Royal Melbourne Hospital or the RMH.

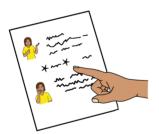


This booklet is written in a way that is easy to understand.



You can read more information about this topic on our website.

Visit <u>thermh.org.au</u>



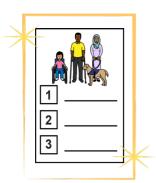
We add a star before and after ***hard words***. Then we explain what the words mean.



You can ask someone to help you read and understand this booklet.



Contact information is at the end of this booklet.





And And

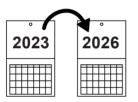
About the plan

We have a new *Disability Action Plan*.

The new Disability Action Plan says how we will make things better for people with disability who • use our services

• work with us.

We will call it the plan.



The plan goes from 2023 to 2026.



This booklet is a summary of the plan.





Why we made the plan

We had a Disability Action Plan from 2019 to 2022.

We want to keep doing good work for people with disability with our new plan.

What we have done

We have already done good work for people with disability.

For example

 we now have *Disability Liaison Officers* who work Monday to Friday



• we offer ***Telehealth*** appointments.





Disability Liaison Officers help people with disability when they are in hospital and when they use other hospital services.

Telehealth means you can talk to a health worker about your health care on the phone or online.

Page 4

How we made the plan

We asked people for their ideas.

For example

- people with disability
- our staff
- people in the community.



A group called ***Accessible Action*** helped us make the plan.



Accessible Action is an ***independent consultant***.

Independent means they are **not** part of the Royal Melbourne Hospital.



Consultant means they ask people for their ideas and help us make a good plan.



What the plan says

There are 5 parts in the plan.

The first part of the plan is about knowledge, attitudes and practices



We will help people who work with us to better understand

• disability



• how to be ***inclusive***.

Inclusive means we make sure everyone can be part of something.



We want everyone to feel

• safe at work



 safe and respected when they use our health services.



We will work with people with disability to

• get ideas and make good changes



 help our staff and volunteers understand disability and mental health.



We will

• welcome people with disability



• listen to people with disability



• treat people in a fair way.



We will talk about disability and inclusion in our staff training.



We will help our staff and volunteers better understand the National Disability Insurance Scheme or NDIS.





We want our staff and volunteers to

• do good work and have good opportunities



• feel safe and happy to be themselves at work.



We will support our staff and volunteers to share their experiences of disability.

The third part of the plan is about buildings and physical spaces



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We want our buildings and physical spaces to be ***accessible*** for everyone.

Accessible means places and things are easy for everyone to use.

We will ask people with disability to help us design new work spaces.









The fourth part of the plan is about access to information

We will give people information that is easy to understand.

For example

- Auslan services
- plain language information
- an accessible website.



We will make it easy for you to tell us what you think.

For example, to give feedback or make a complaint.



The fifth part of the plan is about services and programs

We will make it easier for people with disability to use our services and programs.



We want people with disability to tell us what they need so they are happy with our services and programs.



We will work to make things better for people with

- physical disability
 - for example, cerebral palsy or vision impairment



- disability you cannot see
 - for example, autism or learning difficulties



- mental health conditions
 - for example, bipolar disorder or anxiety.

How we will check the plan



Our Disability Working Group will

• share their ideas about the plan



• support staff to make the plan happen.



Every 6 months we will write a report about how the plan is working.



We will also write about the work we are doing in our ***annual report***.

An annual report has information about what an organisation does each year.



More information



For more information contact the Royal Melbourne Hospital.



Call 03 9342 7000

Ask for a Disability Liaison Officer.



Website thermh.org.au

Visit us 300 Grattan Street Parkville VIC



If it is an emergency or you do not feel safe

Call 000



If you need help to speak or listen, the National Relay Service can help you make a call.



Call 1800 555 660



Website accesshub.gov.au/nrs-helpdesk



If you need help with other languages contact the Translating and Interpreting Service.



Call 131 450



Website tisnational.gov.au

Acknowledgements

First Nations People



The Royal Melbourne Hospital acknowledges the Kulin nations as the Traditional Custodians of the land on which our services are located. We are committed to improving the health and wellbeing of Aboriginal and Torres Strait Islander peoples. We thank First Nations Peoples for their valuable time and contributions in sharing their lived experience to support the development of this plan.

People with disability

We thank people with disability for sharing their ideas and helping us make a good plan.

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